








SEPTEMBER



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED 	3 CHAIR CARDIO 10 am LUNCH BUNCH 11:30 am MAH-JONGG 1 pm	4 11 am Walking Club At the REC 1 pm- Remembering School Days – bring photo or anything nostalgic *Eat an extra Dessert Day	5  1 pm Sign Up to share a snack & bring a prize	6 CLOSED  *National Read a Book Day	7
8 National Grandparents' Day 	9 Nat'l Sudoku Day YOGA 10 am 11am-Coffee talk 1pm- BOOK CLUB	10 CHAIR CARDIO 10 am LUNCH BUNCH 11:30 am MAH-JONGG 1 pm	11 WALKING CLUB 11 am @ REC 1pm- Sew What?! BYO and chat 9/11 Remembrance Day	12  1 pm Sign Up to share a snack & bring a prize	13 10am Tea & Me Tea Party & Craft 1pm Movie Classics Matinee/Cards	14
15	16 YOGA 10 am CHAIR CARDIO 12 pm (donation class)	17 10am CHAIR CARDIO 11:30 LUNCH BUNCH MAH-JONGG 1 pm	18 WALKING CLUB 11 am @ REC 1pm- Sew What?! BYO and chat	19  1 pm Sign Up to share a snack & bring a prize	20 11am Mini Muffin Pizza Party 12pm Food Trivia National Pepperoni Pizza Day	21
22	23 YOGA 10 am CHAIR CARDIO 12 pm (donation class)	24 CHAIR CARDIO 10 am LUNCH BUNCH 11:30 am MAH-JONGG 1 pm	25 WALKING CLUB 11 am @ REC 1pm- Sew What?! BYO and chat	26  1 pm Sign Up to share a snack & bring a prize	27 10am Second Cup Coffee & Donuts 11am- Scattergories 1pm-Pop n Watch	28
29	30 YOGA 10 am CHAIR CARDIO 12 pm (donation class)				Happy Senior Center Month! Thank you for being a part of our Dennis Township Family.	